



HANDS ON.
ALL IN.

Human rights is a lens for seeing the world and the people in it. Our Master of Human Rights will clarify your vision, raise your technical skills, and test you in a professional internship.

The MHR is jointly offered by the Humphrey School and the College of Liberal Arts. You can major in human rights and focus on the issue that you care about.

SPECIALIZATIONS:

- Arts and humanities
- Crime, law, and justice
- Development
- Environment
- Gender and sexuality
- Migration
- NGO leadership and management
- Project and policy evaluation
- Public health
- Race and ethnicity
- Research methods
- Self-designed

OUR IDEAL CANDIDATES

There is no single path to admission. We want students who can articulate their particular interest in human rights issues such as disability, gender or racial justice, international development, voting rights, and others. Previous coursework in mathematics, statistics, and economics is recommended. Students who succeed in this program are self-starters who want to work on real issues in the real world.

PROGRAM POINTS OF PRIDE

International

Our students come from all over the world, and the skills you learn can be applied no matter where you go after graduation.

Applied

Faculty will work with you to advise and find connections in an internship that fulfills your interests and needs. You may also do applied work in the classroom through research projects and workshops.

Flexible

A broad array of specializations allows you to go deep into the human rights focus area that interests you, and apply it in the career path you intend to take.

Vice President
Robert Humphrey





5%

The Humphrey School ranks in the top 5% of public policy schools



The Humphrey School is located in the vibrant city of Minneapolis, Minnesota



Humphrey School alumni are employed in nearly every region across the globe

WHAT CAN I DO WITH A MASTER OF HUMAN RIGHTS?

With a multidisciplinary MHR degree from the University of Minnesota, you will have the perspective to understand grand challenges and the global forces causing them. You will be able to develop innovative responses to complex problems. You will have the technical skills to advocate and campaign for change.

Career options span all levels of government in the United States and elsewhere, large and small NGOs, and private companies. Common roles include:

- Director of education
- Program officer
- Foreign Service officer
- International development professional



For More Information:
z.umn.edu/HumphreyMHR
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YOU WILL LEARN

- Human rights thought, philosophy, and mechanisms
- Advocacy and campaigning skills
- History and applications of human rights theory
- Today's grand challenges
- Technical skills, such as statistics and writing

THE CURRICULUM

- Human rights core courses (9 credits)
- First-year cohort seminar (2 credits)
- Professional core courses (12 credits)
- Concentration courses (12 credits)
- Capstone or professional paper (3 credits)
- Professional internship (200 hours)

FINANCING YOUR DEGREE

Students who apply by the deadline of Dec. 15 are automatically considered for a range of merit and need-based aid. Many students work as paid research assistants in their focus area. Most summer internships are supported by grants.